Asian American and Asian Resource and Cultural Center Newsletter February 23, 2024

Upcoming AAARCC Programming

PURDUE UNIVERSITY ASIAN AMERICAN & ASIAN RESOURCE AND CULTURAL CENTER (AAARCC) Lunar New Year Week of Events February 19 - 23 at the AAARCC

915 5th Street, West Lafayette, IN 47906



Monday, February 19, 2024 3 - 5 PM Lunar New Year Zodiac Activity

(Co-Sponsored by: International Students & Scholars & Roger C. Stewart Leadership & Professional Development)

Tuesday, February 20, 2024 3 - 5 PM Calligraphy Activity (Hosted by: Center for Advocacy, Response & Education)

Wednesday, February 21, 2024 2 - 4 PM Dumpling Making Activity (Hosted by: Global Engineering Program and Partnerships)

Thursday, February 22, 2024 2 - 3 PM Paper Lantern Making Activity (Hosted by the Center for Career Opportunities)

Friday, February 23, 2024 3 - 5 PM Karaoke & Mahjong

Lunar New Year Week of Events February 19 - 23, 2024 All held at the AAARCC (915 5th Street)

Join the AAARCC and collaborators in week-long events leading up to the AAARCC's Lunar New Year celebration on Saturday, February 24th, at the CoRec Black & Gold Gym 1-3.

Join us at the following activity:

Friday, February 23, 2024 | 3 - 5 PM Karaoke & Mahjong



Purdue AAARCC's annual Lunar New Year Celebration Saturday, February 24, 2024 11 AM - 2 PM at the Co-Rec Black & Gold Gyms 1-3 (355 North Martin Jischke Drive, West Lafayette)

Join us in welcoming the Year of the Dragon with tabling activities and performances! This event is free & open to the public with free parking available at the Co-Rec parking lot.

Co-Sponsored by: Purdue Student Government, Purdue Graduate Student Government, University Residences, John Martinson Honors College, Asian Studies, Hawkins Hall, First Street Towers Titan Club, RX Club, Residence Hall Association, and SFAB.



Purdue AAARCC Lunch & Learn

Thursday, February 29, 2024 Noon to 1 PM at the AAARCC (915 5th Street)

Join us for this weekly event of sharing and learning diverse research, teaching, and engagement related to Asian and Asian American communities. At this talk. **Dr. Nien-Hwa Linda Wang (Norman and Jane Li Professorship in Chemical Engineering)** will be presenting on "Where are we going with 7 billion tons of plastic waste?" This event is a partnership with Purdue College of Engineering.

Review of the Week





In partnership with Purdue Office of Undergraduate Research, the AAARCC hosted a panel discussion titled, "Mentoring Student Researchers at Purdue University," featuring speakers Dr. Seema Mattoo, Dr. Chaonan Liu, and Dr. Chao Cai.





Throughout the week, the AAARCC has been collaborating with campus partners to host our annual Lunar New Year week of events.

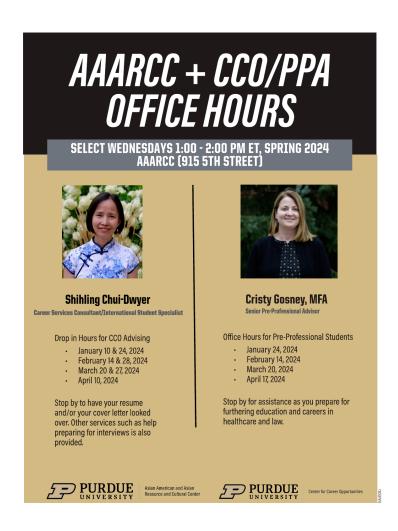
On Monday, in partnership with International Students & Scholars and the Roger C. Stewart Leadership & Professional Development, the AAARCC hosted a Lunar New Year Zodiac activity. Participants learned about the characteristics of their zodiac sign and made shadow puppets of their animal.

On Tuesday, the Center for Advocacy, Response & Education (CARE) led a calligraphy session.

On Wednesday, the Global Engineering Program and Partnerships (GEPP) hosted an event to cook and enjoy dumplings as a community.

On Thursday, the Center for Career Opportunities (CCO) hosted an event where students got to make paper lanterns and intricate paper cut outs featuring images and words associated with the Lunar New Year.

Liaison Hours



CCO Office Hour Select Wednesdays from 1 - 2 PM Held at the AAARCC

Shihling Chui-Dwyer, Career Services Consultant/International Student Specialist February 14 & 28, 2024 March 20 & 27, 2024 April 10, 2024

Cristy Gosney, MFA, Senior Pre-Professional Advisor February 14, 2024 March 20, 2024 April 17, 2024

Spring 2024 CAPS Liaison Student Hours

Fridays, Noon to 1 PM In person at AAARCC (915 5th Street)



Dr. Yixun Zhu Staff Therapist Purdue CAPS

Hi! My name is Yixun. I originally came from Mainland China and currently a staff therapist at Purdue CAPS. I speak Mandarin and Japanese.

Before coming here, I worked in two other universities' counseling center and enjoyed working with college students. I am looking forward to talking to you, learning about you, and helping you achieve your goals at Purdue.



Zizhuo (Grace) Yin, MS, NCC Staff Therapist Purdue CAPS

Hi! My name is Grace. I originally came from Shanghai, China and currently a staff therapist at Purdue CAPS. Before coming to Purdue, I lived in Wisconsin for several years. I speak Mandarin.

I am running an art workshop at CAPS and hope could help you with some self-care strategy at AAARCC. I am looking forward to talking to you, learning about you, and helping you reduce some stress at Purdue.

Let me know if there is anything else you need from me. I am looking forward to meeting you again and working with you in the Spring.





Asian American and Asian Resource and Cultural Center

Spring 2024 CAPS Liaison Student Hours Fridays, Noon to 1 PM In person at AAARCC (915 5th Street) alternating between Dr. Yixun Zhu and Zizhuo (Grace) Yin, M.S., NCC

Introduction by staff therapist Dr. Yixun Zhu

Hi! My name is Yixun. I originally came from Mainland China and currently a staff therapist at Purdue CAPS. I speak Mandarin and Japanese. Before coming here, I worked in two other universities' counseling center and enjoyed working with college students. I am looking forward to talking to you, learning about you, and helping you achieve your goals at Purdue.

Introduction by staff therapist Zizhuo (Grace) Yin, MS, NCC

Hi! My name is Grace. I originally came from Shanghai, China and currently a staff therapist at Purdue CAPS. Before coming to Purdue, I lived in Wisconsin for several years. I speak Mandarin. I am running an art workshop at CAPS and hope could help you with some self-care strategy at AAARCC. I am looking forward to talking to you, learning about you, and helping you reduce some stress at Purdue.

Let me know if there is anything else you need from me. I am looking forward to meeting you again and working with you in Fall.

Spring 2024 CARE ADVOCATE HOURS

At the AAARCC (915 5th Street)



Amanda Shie Prevention Programming Specialist Center for Advocacy, Response, & Education (CARE)

Join the AAARCC & CARE for an opportunity to take part in different activities and conversations. Taking place between 2 - 3 PM ET.

- January 29th: Screening of the show I am a Stalker
- February 20th: Lunar New Year Calligraphy
- March 20th: Conversations and drawing
- April 17th: De-Stress Activity



Center for Advocacy, Response & Education A DIVISION OF THE OFFICE OF THE DEAN OF STUDENTS



Join the AAARCC & CARE for an opportunity to take part in different activities and conversations. Taking place between 2 - 3 PM ET on these dates:

February 20th: Lunar New Year Calligraphy March 20th: Conversations and drawing April 17th: De-Stress Activity

CARE Liaison: Amanda Shie

Prevention Programming Specialist Center for Advocacy, Response, & Education (CARE)

Campus/Community Opportunities

CCA STUDY ABROAD FAIR EXPLORE THE WORLD! Come engage with **KRACH LOBBY** study-abroad students and connect with the culture of their trips! We will have student speakers from GEARE FROM 3-5 P.M. and Purdue Study Abroad!

CCA Study Abroad Fair: Explore the World! Krach Lobby February 24, 2024 From 3 - 5 PM

- Come engage with study-abroad students and connect with the culture of their trips!
- We will have student speakers from GEARE and Purdue Study Abroad!



SFAB**

SKY HAPPINESS RETREAT

Come learn a powerful breathing exercise that brings the body, mind, and spirit into harmony, resulting in a calm, happy, and healthy you!

Yoga
Meditation
Secrets of Breath
New Perspectives
Positive Community

Feb 16 - 18 Feb 23 - 25

Mar 1 - 3

Fri: 5:30 PM - 9 PM Sat, Sun: 1 PM - 5 PM

REGISTER HERE

http://tinyurl.com/purdueSKYspring24



yesplus@purdue.edu

**** +1 (716) 238-1046



@skyatpurdue

SKY Happiness Retreat

SKY Happiness Retreat is a high-impact 9-hour total well-being training offered to thousands of university students, faculty, and staff across the country. Recent study at Yale University found that SKY Happiness Retreat significantly reduces stress, depression, and has a long-lasting impact on mental health, mindfulness, positive emotion, and social connectedness. The SKY Happiness Retreat introduces SKY Meditation, an evidence-based meditation practice integrated with breath work that can significantly increase one's well-being and calmness, and significantly reduces anxiety and stress markers. The course features interactive group processes, experiential learning, emotional intelligence training, breath-work, yoga, and evidence-based meditation. It's one of the coolest places to connect with yourself, make new friends, and most importantly, have fun!

We're happy to share that the SKY Happiness Retreat is fully funded for undergraduate students, and partially funded for graduate students, staff and faculty. Availability is first-come-first serve, by registration only and requires attendance to all sessions. Limited spots are available.

Location: Purdue University Campus

In-person Date options:
1) Option 1: February 23-25, or
2) Option 2: March 1-3, or
3) Option 3: March 29-31

Timings:

Friday: 5:30 pm- 9:00 pm ET, Saturday & Sunday: 1 pm - 5:00 pm ET

Application Form for In-Person Retreat (February 23-25/ March 1-3/ Mar 29-31):http://tinyurl.com/purdueSKYspring24

(All applicants will receive an orientation call via telephone in 48 hours.)

 $\textbf{Application Form for Online Retreat over Zoom} \ (\texttt{March 15-17}) : \underline{tiny.cc/janretreat26}$



Pre-Professional Advising 2024 Health Programs Expo

Monday, February 26th

PMU North & South Ballrooms

2-5PM

Pre-Professional Advising in the Center for Career Opportunities invites all students, staff, and faculty to attend the *free and in-person* Health Programs Expo on Monday, February 26, 2024 from 2-5PM in the PMU North & South Ballrooms. Representatives from over 75 programs will be there ready to share information about their programs in medicine, dentistry, physical assistant, optometry, physical therapy, occupational therapy, chiropractic, podiatry, veterinary medicine, public health, pharmacy, and more!

Please encourage your advisees to attend and talk with as many representatives as possible. Even if a student is not considering applying to a particular school, they can still gain insight from the representative who has an inside perspective on the admissions process. A list of programs registered for the event is at the Health Programs Expo website.

Often students are unsure what questions to ask representatives, especially those who are just starting to explore health careers. We will provide students with a handout at the event that suggests questions to ask such as:

- \cdot Ask about the competitiveness of your GPA or how they evaluate GPAs (minimums, upward trends, science GPA, prerequisite GPA, cumulative GPA, etc.)
- Do I need to repeat a course and does that even help my application GPA?
- What is a competitive admissions test score?
- Do I have enough shadowing, service, leadership, and/or research experience to be competitive?
- · What should I do during a gap year?
- · How do I get academic assistance in professional school if needed?
- Are there opportunities for research?
- · How do students perform on national board exams?
- What kind of academic, personal, financial, and career counseling is available to students?
- Is there a mentor/advisor system?
- How diverse is the student body? Are there support services or organizations for ethnic/cultural minorities, LGBTQ students, etc.?
- · Are students involved in community service?
- · Are there active student organizations?



Take-Over Tuesday Mental Health Action Week 2024 At the CoRec Tuesday, February 27, 2024 10 AM - 4 PM

Well-Being Activities: Brought to you by CAPS, PUSH, and RecWell

- Tom's Coffee
- Chair Massages
- Fitness Classes
- Climbing Wall
- Giveaways Cultural and Fitness Resources
- Food
- QPR Classes Meditation
- Yoga







Don't miss this opportunity to expand your network and celebrate the spirit of the Asian Boilermaker community!



Tuesday February 27, 2024 at 7 - 8 PM

 $\frac{https://events.blackthorn.io/en/3ktO526/g/1DDqcB2naP/purdue-asian-alumni-network-virtual-global-mixer-q1-a-4a0GNs1wBd/overview}{}$

OR

Don't miss this opportunity to expand your network and celebrate the spirit of the Asian Boilermaker community!



Romantic Spring Evening Cello and Piano Concert Saturday, March 2, 2024 at 7 PM. Event will take place at Hiler Theater in WALC

This performance will feature Dr. Kristen Yeon-Ji Yun (Cello) and Dr. Sylvia Eun Hee Seok (Piano).

ACE Summer Internship 2024

This unpaid summer internship is offered through the Roger C. Stewart Leadership and Professional Development department. Anyone may apply, but students who are interested in local and global food security are preferred. Students will determine the structure of the program under the advisement of Viviana Tsangaropoulos. Interns can expect to dedicate 10 hours a week with duties including promoting pantry use over the summer on social media, coordinating one summer pantry event, soliciting donations if ever needed, making sure that the pantry is fully staffed every shift, filling in if there are not enough volunteers, recruiting and training volunteers, assisting pantry advisors with planning Hunger Action Month activities and other duties as assigned. Intern will need to be available Tuesdays 12-3 or Tuesdays 3-6.

Apply here: https://forms.gle/HSPBMf9zVGJtsLT17

ACE Student Director Roles 2024

Student Directors are the reason the food pantry stays open. From running our social media accounts, to picking up food orders from Food Finders Food Bank, student directors handle the day-to-day operations of ACE as well as fostering a community. Student Directors should expect to dedicate about 5 hours a week to the food pantry. Depending on which role you are filling, your responsibilities may vary. As a student director for ACE, you will have a weekly meeting and a weekly office hour. We will reach out to schedule an interview after you fill out our interest form.

Please fill out the interest form: <u>https://forms.gle/g55E1fJuMNWCc4KJ6</u>

Please nominate students for the 34th annual Emily Mauzy Vogel (EMV) Sophomore Leadership Development Retreat! This opportunity is intended for students entering their second year at Purdue in Fall 2024. We are committed to engaging a diverse group of outstanding students and are requesting your assistance in the nomination process.

Nominated students will receive an invitation to attend the retreat, and students will be accepted on a first-come basis. Please <u>click here</u> to submit nominations by Wednesday, March 20th. If it's easier to send along an excel sheet with your students' names and emails, we will take that too! Just email it to <u>leadership@purdue.edu</u>.

Date: September 6th and 7th, 2024 at Camp Tecumseh in Brookston, IN Overview: This retreat is a dynamic program involving teambuilding, personal development, experiential learning and will introduce participants to concepts surrounding strengths-based approaches to inclusive leadership.

Cost: Free! This retreat is made possible by a generous gift for leadership development from the late Robert and Ruth Mauzy, Purdue alumni.

Thank you for your help and continued support of students and their leadership development. If you have further questions, please e-mail leadership@purdue.edu or call Joshua Ford at 765-496-1926.

Call for Chapter Proposals Honoring Heritage, Place, and Identity: Perspectives on Asian American Places of Heritage

Co-editors:

Ashima Krishna, PhD krish191@purdue.edu and Nathan Swanson, PhD swanso64@purdue.edu

Brief Overview:

This edited volume will intervene in the existing gaps in both scholarship and practice as it relates to the contributions of Asian American c volume will cover a wide range of culturally significant sites from around the country and present their historical narratives and perspectives. Illustrating the importance of these places in US history, contributors will speak broadly to processes of placemaking, preservation, memorialization, and socio-cultural transformations, while also shedding light on the historic underrepresentation of Asian American communities. Further, this collection will provide new insights into the ways that Asian American cultures and communities are positioned within broader narratives of immigrant histories and experiences in the United States. The book will make the critical argument that US history and heritage is incomplete without the inclusion of Asian American cultural, religious, and/or social places alongside those established by other immigrant communities throughout much of the nineteenth and early twentieth centuries in the United States.

Bringing atention to these places, the volume will contribute to the wide range of disciplines engaged in studies of cultural landscapes and minoritized communities in the United States, including:

- architecture
- · urban planning,
- historic preservation,
- religious studies,
- ethnic studies,
- archaeology,
- history,
- · anthropology,
- · geography,
- · area studies, and more.

Finally, this book project will facilitate the development of a new network of scholars of Asian American heritage with potential for future scholarship, academic conferences, and professional practices.

Defining 'Asian American'

For this volume, we invite chapters on topics related to places of heritage in the United States that are important to:

North Asian Americans, including Russian Americans and Siberian Americans among others.

East Asian Americans, including Chinese Americans, Hong Kong Americans, Japanese Americans, Korean Americans, Macanese Americans, Mongolian Americans, Ryukyuan Americans, Taiwanese Americans, and Tibetan Americans among others.

South Asian Americans, including Bangladeshi Americans, Bhutanese Americans, Indian Americans, Indo-Caribbean Americans, Indo-Fijian Americans, Maldivian Americans, Nepalese Americans, Pakistani Americans, and Sri Lankan Americans among others.

Southeast Asian Americans, including Bruneian Americans, Burmese Americans, Cambodian Americans, Filipino Americans, Hmong Americans, Indonesian Americans, Iu Mien Americans, Karen Americans, Laotian Americans, Malaysian Americans, Singaporean Americans, Thai Americans, Timorese Americans, and Vietnamese Americans among others

Middle Eastern Americans, including Cypriot Americans, Georgian Americans, Iraqi Americans, Jordanian Americans, Lebanese Americans, Qatari Americans, Palestinian Americans, Turkish Americans, Armenian Americans, Syrian Americans, Iranian Americans, Kurdish Americans, Israeli Americans, and Arab Americans among others.

Note: This list is not exhaustive. Authors are welcome to submit proposals on places of heritage in the United States important to Asian American communities not mentioned above.

Invitation

We are pleased to invite scholars, researchers, policy makers, environmental and social

scientists, and specialists to contribute a chapter on the above subjects.

The process:

1. Submit an abstract for your proposed chapter by March 31, 2024. Please note: proposals and chapters you submit wil undergo peer review.

2. Please use this link to submit your 400 word abstract : https://forms.gle/gYmRmSKRXQA2v2aVA

Timeline and Process

March 31, 2024: Chapter proposal submission deadline August 31, 2024: Full chapter submission deadline Summer 2025: Tentative publication date

Document Outline

Brief Overview Defining 'Asian American' Invitation Timeline and Process

Research Participation Opportunities



Asian & Asian American teens living in Rural Midwest IRB-2022-1326

Purdue University researchers are recruiting Asian and Asian American high school students who live in the rural Midwest to learn about their experiences growing up.

Earn \$50 for your participation.

For more information, reach out to Stewart Chang Alexander at AA_Teen_Study@purdue.edu $\underline{tinyurl.com/AAPurdueStudy}$

Purdue AAARCC Social Media

Follow us on Social Media!



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Purdue AAARCC





Asian American and Asian Resource and Cultural Center

Please be sure to follow us on Facebook, Instagram, YouTube, and \underline{X} to get a daily content from us! Additionally, we are continually updating our website and linking different media contents we have produced for our social media.

If you would like to continue to receive the newsletter, please click here to <u>subscribe</u>.

CONTACT US

Asian American and Asian Resource and Cultural Center (AAARCC)
Unit within the Office of Diversity, Inclusion, and Belonging
Purdue University
Phone Number: (765) 496-0488
E-Mail: aaarcc@purdue.edu
915 5th Street, West Lafayette, IN 47906

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